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# THE CENTRE LONDON

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## IN's & OUT's OF LIP FILLER TREATMENT

Everything you need to know about Lip Filler Treatment at The Centre for Advanced Facial Cosmetic & Plastic Surgery with Dr De Silva.

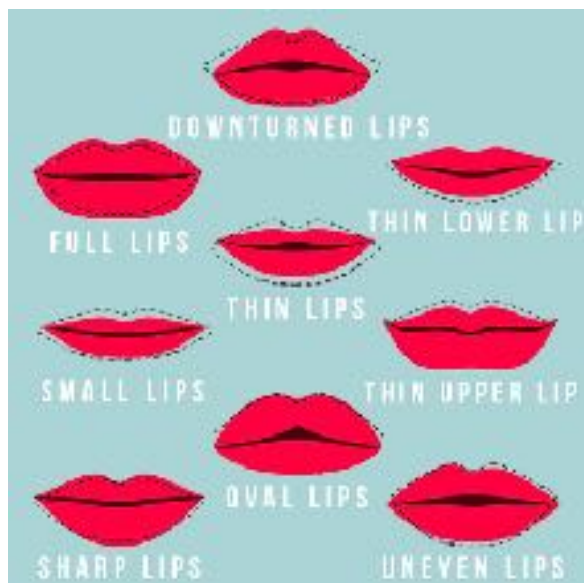


### Why choose dermal fillers for lip augmentation?

Lip filler treatment is a popular non-surgical treatment to boost shape and volume of the lips. As the effects of ageing take hold, lips can flatten with their loss of natural volume and appear depleted and thin. Wrinkles and fine lines can appear around the lips contributing to an aged appearance.

For women all over the world lips can be a symbol for femininity. Thus, optimal shaped and volumised lips enhance natural beauty and attractiveness. Lip enhancement provides a safe and

non-surgical approach to aid this desire. Advanced dermal fillers can be used to enhance and re-volumise the lips, help replenish thinning and work to build up more balanced lips.



### What is an optimal lip shape?

An optimal lip shape has several properties:

- A Phi Golden Ratio proportion between upper and lower lip being 1.618
- An accentuated cupid's bow
- Acute angles at the corners of the lip
- Phi golden ratio proportions with the lower third of the face
- More voluptuous lips are seen in younger women
- Ethnic characteristics

### Different fillers?

Although different HA (hydrochloric acid) filler products can be used, several products have characteristics that particularly favour enhancing lips, for a flattering and natural look which lasts (including Voluma, Volbella, Restylane). At the Centre we believe in Natural Rejuvenation. Lips need to suit your face and for some patients treatment is also required in the area around your mouth. Lips shrink with age, strengthening the top lip with subtle enhancement can improve the overall appearance of the lower part of the face. There are different types of results to be achieved: lip enhancement and lip rejuvenation (lipstick bleed lines and drooping corners). Most of the time, you may need to have more than one type of treatment to get the results you are looking for.

All fillers used at The Centre are FDA approved and are designed specially to provide volume to thin lips and minimise the appearance of fine lines around the mouth, also known as perioral rhytids or perioral lines.

### What does lip filler involve at the centre?

Firstly Dr De Silva and his team will use a numbing local anaesthesia cream around the lips to reduce discomfort from the procedure. The numbing cream is specially made for Dr De Silva and was designed in Beverly Hills and manufactured in Germany. After this a small anaesthetic

injection is applied to the already numb area. The dermal filler is then used to augment the lip. At the centre we used fast healing techniques that utilise a cannula to administer the filler for most patients, this results in less swelling and bruising than older needle based techniques. Dr De Silva believes in natural looking results and therefore the procedure will be done with much care and precision.



(Top photo: Dr Julian De Silva measuring patient with a calliper for filler according to the Golden Phi Ratio)

### **When will I see the results?**

With any dermal filler treatment the results are relatively instant. At times there will be minor swelling for most patients that will resolve over night, and more rarely there can be mild swelling for 5 days. There is a 2% possibility of minor bruising, which will resolve over a few days. Dr De Silva uses the latest techniques to enhance recovery such as no-needle cannula techniques. And with dermal fillers being applied deep within the tissue, the results will last 18-24 months, although results may vary from patient to patient.

### **Will I look natural with lips fillers?**

At the centre we specialise in natural looking results. Dr De Silva has treated many celebrities and A-listers with dermal fillers to enhance natural beauty. He believes that the key is application of filler in specific areas of the face that differ on each individuals facial characteristics.



### **Will I experience any discomfort or pain?**

We use a combination of treatments to minimise discomfort. This includes the use of a powerful numbing local anaesthetic cream that is specially made for the centre, and a state-of-the-art cannula (no needle) technique to minimise comfort.

We use fillers that have incorporated anaesthetic into the injectable fillers to increase patient discomfort. Additional numbing and vibration devices that use the Nobel price winning research on 'the gate control theory of pain' to minimise discomfort are used also by Dr De Silva.

### **Are there any risks or complications?**

Studies have found that filler treatments are relatively safe with few side effects when completed by trained specialists. Recorded adverse events are usually minor, including temporary injection site redness for less than three days. Patients may occasionally report symptoms of redness, swelling, discomfort, lumps and bumps, bruising, itching or changing in colour. Infection is very rare however it is important that the treatment is completed in a CQC registered site (care quality commission) and sterile precautions when having filler treatments.

All treatments are completed in our specialist facial centre on Harley street. Serious side effects such as damage to the skin (necrosis) or damage to vision have very rarely been reported. Dr De Silva has pioneered the teaching of other doctors to avoid these serious issues in both national and international conferences since 2012.



### **What treatments are best avoided in the lips?**

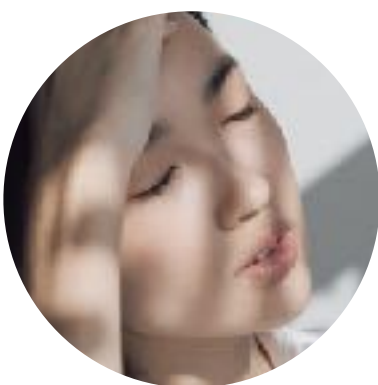
We use a combination of treatments to focus on a natural rejuvenation that is both safe and long lasting. Over the last 5 years fillers have grown in popularity and Dr De Silva has experience with non-surgical treatments for over ten years. At the centre we believe that it is important to avoid potential issues. There are certain products that associate with a higher risk of issues, including permanent and semi-permanent fillers. Dr De Silva has completed challenging surgery to remove permanent filler from many international patients and celebrities.

In addition a high number of highly marketed products have shown to have minimal results leaving patients disappointed with the lack of result from treatments including thermage, ultherapy and thread lifts. At the centre we do not offer any of these treatments which have minimal results.

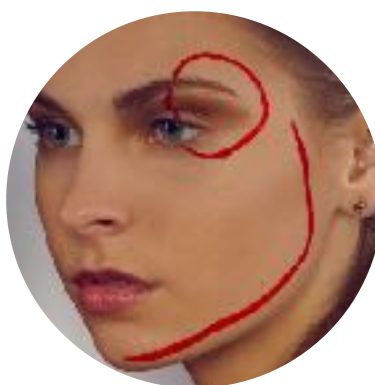
**Are there any alternatives to lip filler?**

Some patients may have thin lips which are unsuitable for fillers, these patients are better suited to a surgical correction including the use of a permanent lip implant. At the centre we offer both surgical and non surgical treatments.

There are many other filler treatments that Dr Julian De Silva provides at The Centre London on Harley Street. Take a look at our website [londonfacialplasticsurgery.co.uk](http://londonfacialplasticsurgery.co.uk) for more information.



**CHEEK**



**JAW**



**NOSE**