

Did you know that at age 33 we look like our mothers?

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A study reveals that women begin to look like their mothers at age 33. The men, however, begin to resemble their parents at 34.



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Using the same expressions and having the same hobbies as our mothers are some of the signs in women

To be like our parents is, for some, a luck and a source of pride. For others, not so much. Anyway, there is not much to do. **One study revealed that women begin to transform themselves into their mothers at age 33 and that men begin to behave like their parents a year later.**

Motherhood is the phenomenon that triggers more personality changes in women, followed by physical signs of aging. For research, according to the Daily Mail, **British plastic surgeon and study author Julian De Silva interviewed two thousand participants**. "We all become our parents at some point in our lives and this is something that should be celebrated," says the expert.



In the study, women admit that the classic signs of being more like their mothers are that they watch the same television shows as them, start having the same hobbies and use the same expressions.

Already the men said that they began to act like the parents after they also became parents. Others find that showing signs of middle age, such as baldness and weight gain, turning off the lights in the empty compartments and changing the radio tuning over and over again, were all indicators that they were turning into parents. They also agreed to adopt the same political opinions as the parent.

The plastic surgeon explains that looking at our parents is "an inevitable part of aging, but a process that many people want to postpone as much as possible." He also explains that this is "one of the reasons why the average age of the first plastic surgery is decreasing in both sexes", and that, on average, women start plastic surgery at age 37 and men at age 43.

According to the expert, "there are more people trying to slow the onset of middle age to improve the appearance and levels of self-confidence."